

VILLAGE LOBACHIV,  
KYIV OBLAST



Educational-training and  
rehabilitation center of the  
Pirogov First Volunteer Mobile  
Hospital

PFVMH / ПДМШ

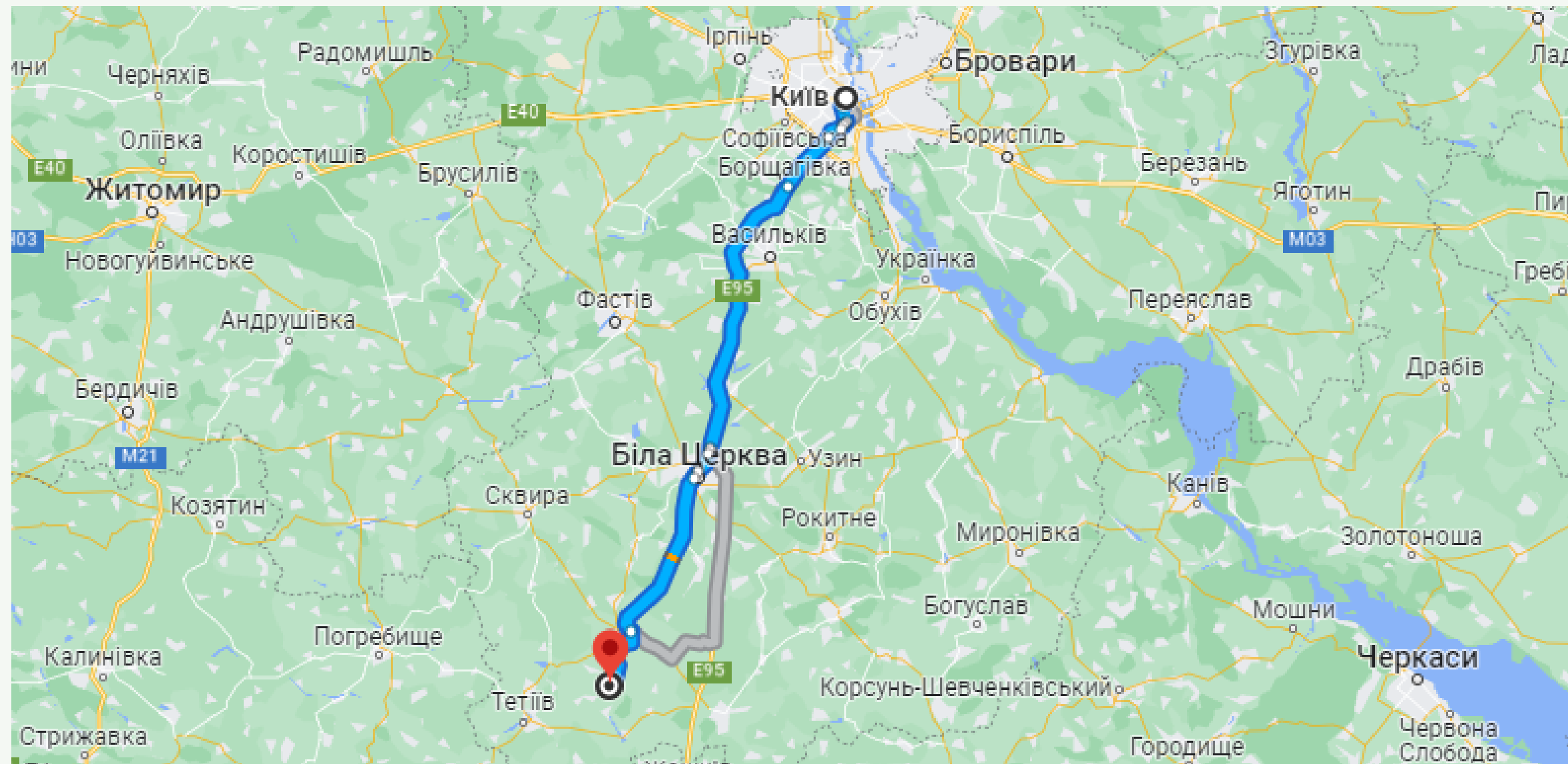
[pdmsh.ua](http://pdmsh.ua)



# Location:

VILLAGE LOBACHIV, BILA TSERKVA DISTRICT, KYIV OBLAST

Distance from Kyiv: 135 km.



РФУМН | ПДМШ

# Assessment of rehabilitation needs:



MINISTRY  
OF VETERANS  
AFFAIRS  
OF UKRAINE

”

"The large-scale aggression of the Russian Federation against Ukraine requires the creation of a full-fledged system for the protection of mental health and psychosocial support. The number of Defenders of Ukraine who will require such assistance after the victory, according to rough estimates, will exceed 1 million people. And this is not even talking about the civilian population."







# Post-traumatic stress disorder

PTSD

PTSD- is a psychological disorder that arose as a result of a traumatic situation in the patient's life.

PTSD is often referred to as "Afghan syndrome" or "Vietnam syndrome".

**Manifested in a set of the following symptoms:**

- asocial behavior
- depressive disorder
- disorders of cognitive and mental processes.

# What is needed for a quick patient rehabilitation?



Ensuring the patient's safety from social triggers and full involvement in psychotherapeutic procedures without traumatizing the psyche. This is a cornerstone principle of rehabilitation.

Carrying out the restoration of the physical, emotional, social, and mental spheres of the patient's life using a comprehensive approach.

Creating sanatorium-recreational conditions for effective physical rehabilitation.

BEAUTIFUL,  
LARGE  
TERRITORY IN  
THE FOREST

A FOUR-STORY  
COMPLEX WITH  
ROOMS FOR  
ACCOMMODATION,  
MEDICAL AND  
PHYSIOTHERAPY  
OFFICES, AND  
EDUCATIONAL AND  
TRAINING  
FACILITIES.



POWERFUL  
TEAM OF  
PROFESSIONALS

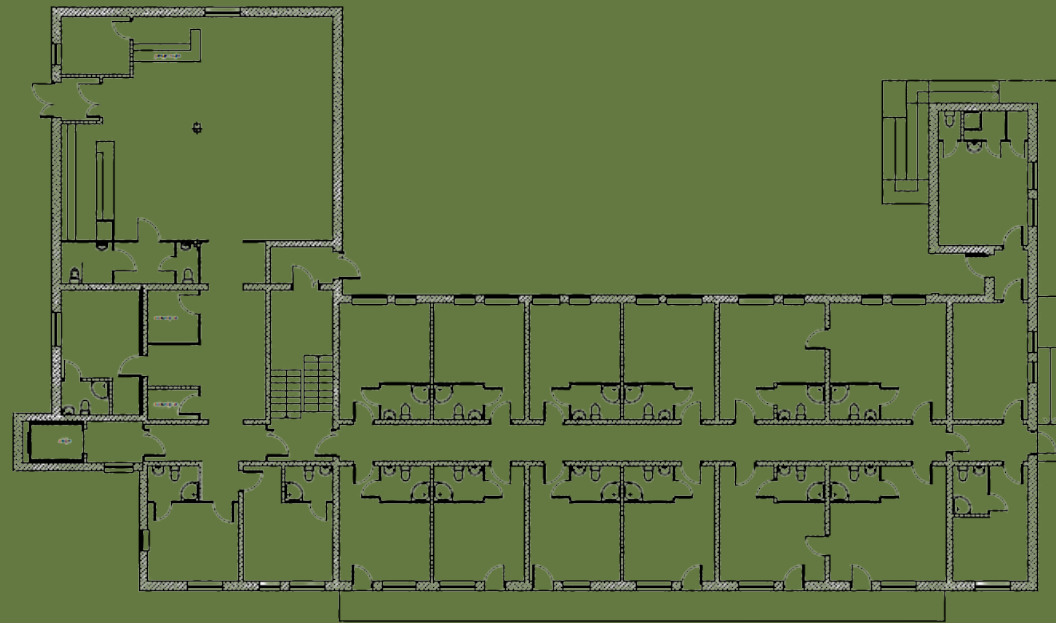
MODERN TECHNIQUES  
AND PRACTICES OF  
TACTICAL MEDICINE  
AND EMERGENCY  
MEDICINE TRAINING

**WHAT DOES THE  
TRAINING AND  
REHABILITATION  
CENTER OF THE  
PFVMH REPRESENT?**



## FIRST FLOOR

- Reception
- 16 numbers
- Water rehabilitation complex



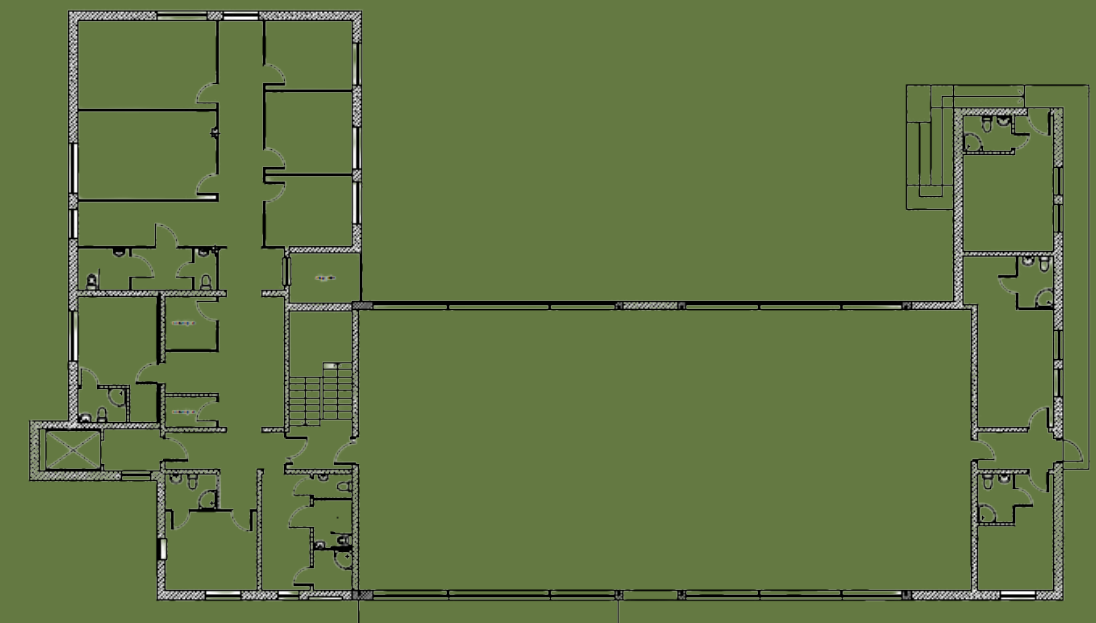
## SECOND FLOOR

- 16 rooms
- Offices of doctors



## THIRD FLOOR

- Educational-training hall - 300 m2 / Sports hall for physical rehabilitation
- Rooms for staff



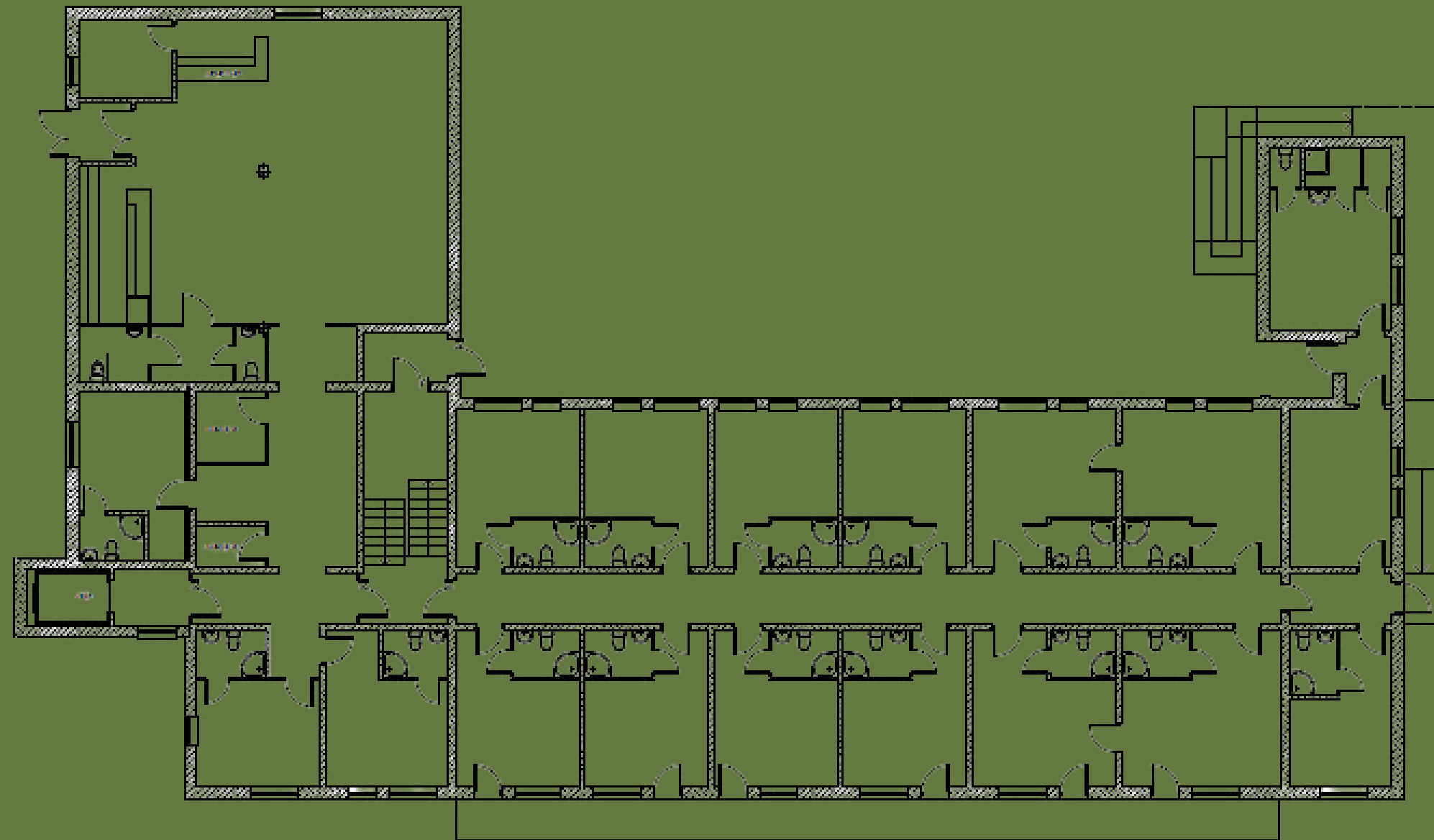
Structure of the complex





# FIRST FLOOR

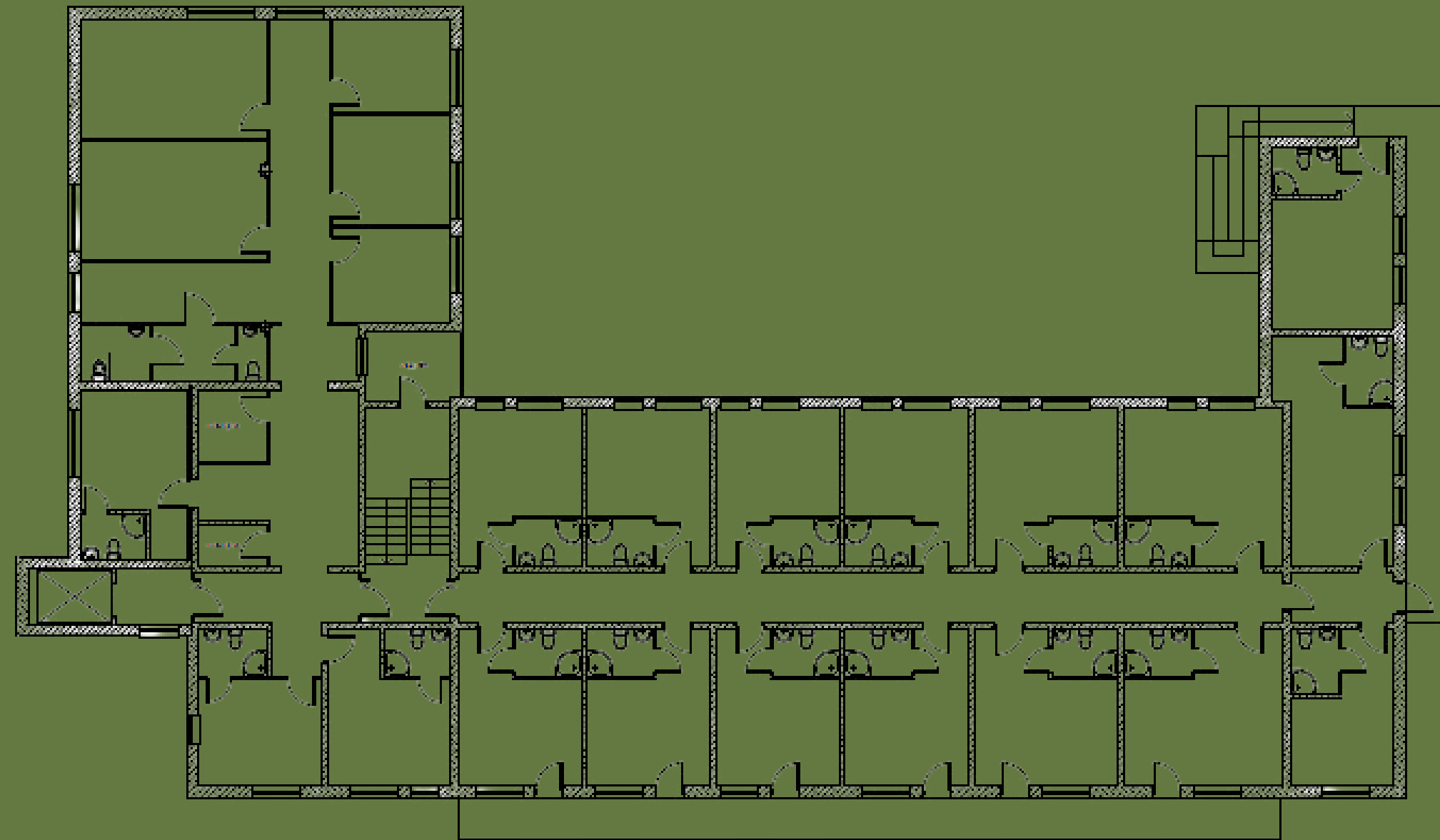
- Reception
- 16 numbers
- Water rehabilitation complex



Structure of the complex

## SECOND FLOOR

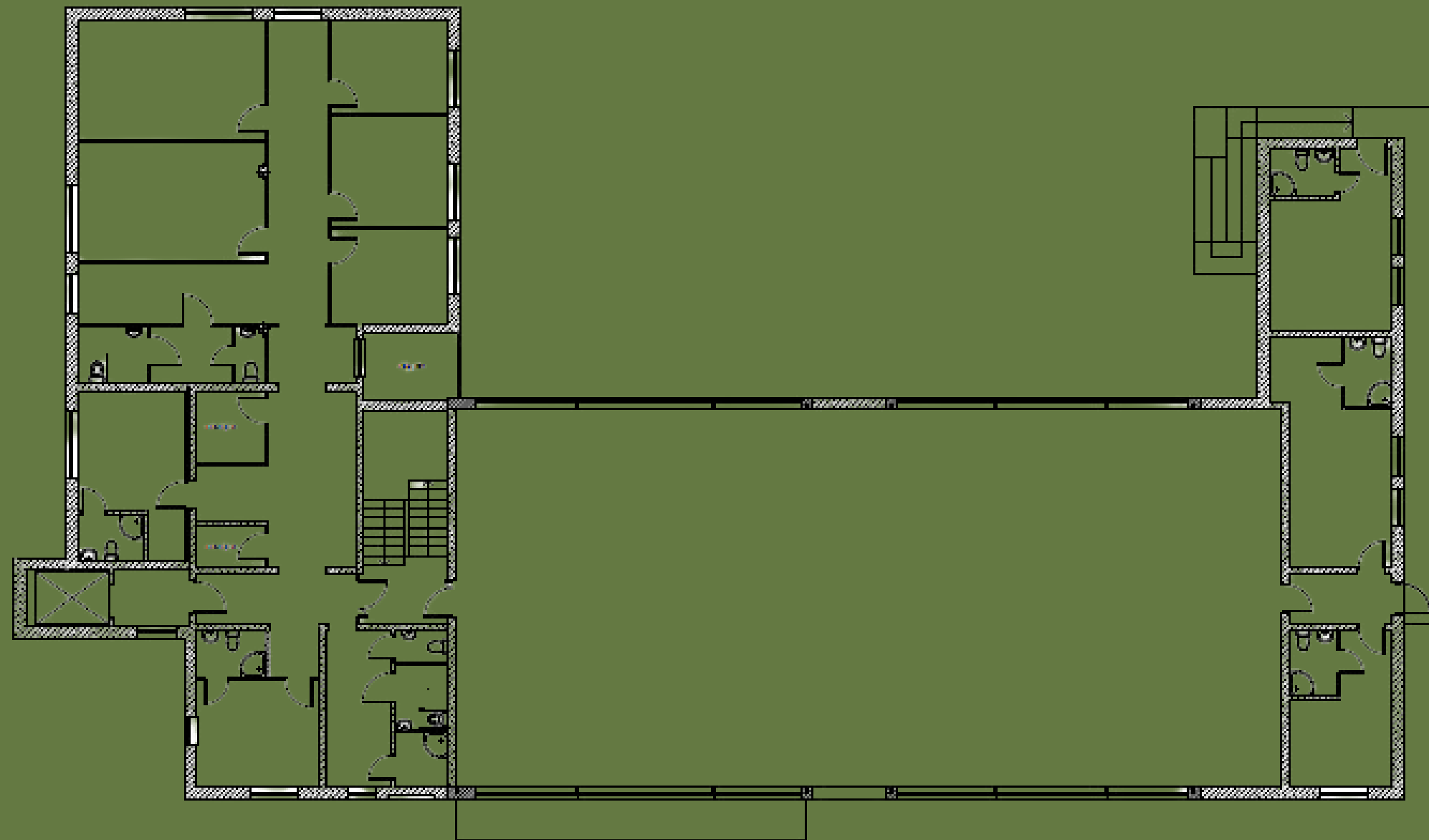
- 16 rooms
- Offices of doctors



Structure of the complex

## THIRD FLOOR

- Educational-training hall - 300 m<sup>2</sup> / Sports hall for physical rehabilitation
- Rooms for staff



Structure of the complex



# Work areas:



## PHYSICAL REHABILITATION

- Massage and reflexology
- Ultrasonic therapy
- Therapeutic Physical Training, which includes restoring the mobility of the upper and lower limbs, restoring skills, and overall strengthening
- Physiotherapy
- Shockwave therapy
- Magneto-laser therapy

## HYDROTHERAPY

- Balneotherapy
- Water rehabilitation complex
- Hydromassage



# Work areas:

## PSYCHOLOGICAL-PSYCHIATRIC REHABILITATION OF VETERANS

- Psychotherapy and psychological counseling (group and individual formats)
- Work with emotions, practices of inner self-regulation
- Cognitive-behavioral therapy.
- Occupational therapy.
- Medicinal support (if necessary)

## PHYSICAL REHABILITATION OF VETERANS

- Therapy
- Neurology
- Cardiology
- Endocrinology
- Vertebrology
- Physiology





# Personnel composition

## MEDICAL STAFF

- Medical director
- Head nurse
- Therapist
- Rehabilitation specialist
- Masseur
- Physiotherapist
- TPT specialist
- Occupational therapist
- Psychologist
- Psychiatrist
- Neurologist
- Orthopedic Traumatologist
- Cardiologist
- Vertebrologist
- Nurse
- Pharmacist
- Dietitian Nurse





# Personnel composition

## ADMINISTRATIVE STAFF

- Director
- Head of the farm
- Accountant
- Driver
- Maids
- Administrator
- Call center employee
- Security



# Planned capacity

ACCOMMODATION CAPACITY: 32 ROOMS

THE MINIMUM REHABILITATION PERIOD IS 10 DAYS

- 192 people per month
- 2300 people per year











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